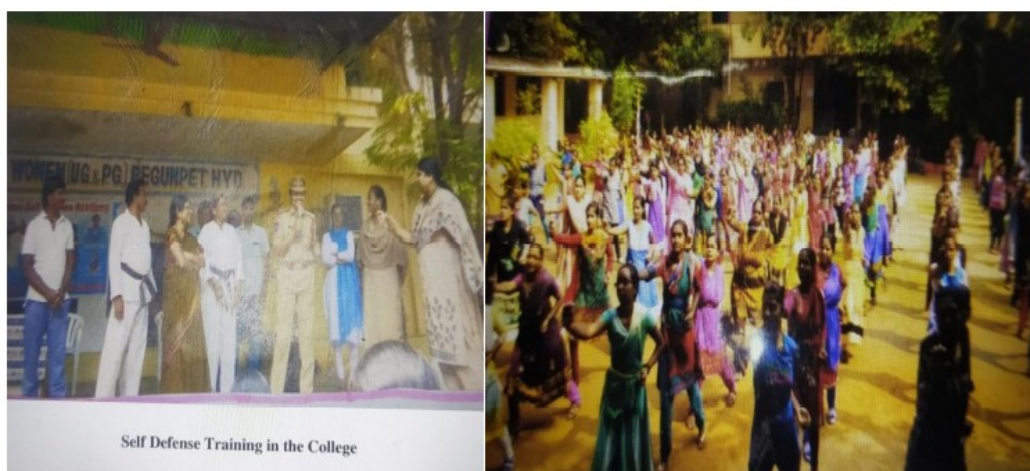


S.No	Date of the programme	Name of the programme	No of Participants	No. of Faculty involved
10	21-01-2018	Self Defence Training	200	05

Self Defence Training



Instructor: Mr. B.Devender, SHE TEAM Coordinator

The Women Empowerment Cell of Government Degree College, Begumpet, Hyderabad has organised a programme in collaboration with SHE team on Self Defence training mechanisms for girls on **21.01.2018** in the college premises. The programme was inaugurated and addressed by the Principal. The Principal stated that this training would boost self- confidence among students and all the students would be given this training in batches.

The objectives of the programme

- To impart mechanisms of defense to protect themselves.
- To defend against undetermined situation of physical assault.
- To build self-confidence so that they can protect themselves to shape their own destiny and capacity enhancement through self-defense training.

As instances of harassment against girls are prevalent in our society, many of which go unreported, eventually leading to heinous crimes against girls and women. There is a pressing need to tackle such complicated situations so that the young girls would be able to defend themselves from any untoward situation.

Teaching young girls self-defence ensures a strong society with women who can protect themselves.

